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I Fact Sheet I Fluoride Treatments

Fluoride Treatments

Fluoride has proven to be a safe and effective cavity fighter for over 60 years. It is available in many forms: in the water supply, in tooth pastes, and at the dental office. Fluoride in the dental office historically has been administered to children, but in recent years it has become apparent that office administered fluoride treatments are even more important for our senior citizens.

Dry mouth, which can be caused by my medications, is a significant cause of dental decay. Fluoride varnish is applied in the office help prevent this.



For patients with severe recurrent decay, custom fluoride trays can be made, which allows patients to give themselves a four minute fluoride treatment at home. This is the most effective treatment for runaway decay.



Also, high potency fluoride toothpastes can be prescribed.