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I Fact Sheet I Teeth Whitening

Teeth Whitening

By applying special gels, stained and darkened teeth can usually be lightened several shades. This can be done either in the dental office or with take home trays.

In office treatment is more expensive and can make the teeth sensitive for some patients, so Dr. Grumbach usually recommends the at home whitening.

These techniques work best when the teeth are of a uniform color and have no fillings in them. We will be able to tell you if you are a good candidate for whitening. This is a cost effective and non-invasive way to improve your smile.

